

Episode 9: Multiple Sclerosis - Individual and Group Mood Interventions

Resources

Jenn Powell

Multiple Sclerosis News Today: Silver Linings

<https://multiplesclerosisnewstoday.com/silver-linings-jennifer-powell/>


Multiple Sclerosis News Today: Multiple Sclerosis Podcast

<https://multiplesclerosisnewstoday.com/the-multiple-sclerosis-podcast/>

Bionews

<https://bionews.com/>

Amy Sullivan

 @DrAmyBSullivan #NormalizeNotStigmatize

Multiple Sclerosis Association of America

<https://mymsaa.org/>

Mellen Center for Multiple Sclerosis

<https://my.clevelandclinic.org/departments/neurological/depts/multiple-sclerosis>

Vicky Leavitt

eSupport Health

<https://esupporthealth.com/>

DISCO-MS Tool Article

<https://esupporthealth.com/2022/02/11/>