

Episode 4: Multiple Sclerosis Support Partners

Resources

National MS Society: MS Family Caregiver Support Group Finder

<https://www.nationalmssociety.org/Chapters/MDM/Groups-and-Discussions/Programs/MS-Family-Caregiver-Support-Group>

Multiple Sclerosis Foundation: Support Groups Finder

<https://msfocus.org/Get-Help/Support-Groups>

Can Do MS Program Information and Sign Up

<https://www.cando-ms.org/multiple-sclerosis-programs/can-do>

Can Do MS Webinars

<https://www.cando-ms.org/multiple-sclerosis-programs/webinar-series>

eSupportHealth Virtual Support Group

<https://esupporthealth.com/how-it-works/>

National MS Society Education Brochures

<https://www.nationalmssociety.org/Resources-Support/Library-Education-Programs/Brochures>

Speak to a Nation MS Society Navigator

1-800-344-4867

MS Association of America Relationships Blog

https://blog.mymsaa.org/tag/relationships/?_ga=2.144100727.352218588.1633571353-128237431.1633571353

Multiple Sclerosis: A Guide for Families, Third Edition By Rosalind Kalb