

## Episode 3: Multiple Sclerosis: Not Just a White Woman's Disease

### Resources

#### **Psychology Today Therapist Finder**

<https://www.psychologytoday.com/us/therapists>

#### **Pro Player Foundation**

<https://www.proplayerfoundation.org>

#### **iConquerMS**

<https://iconquerms.org>

#### **Johns Hopkins Community Advisory Board**

<https://www.jhsph.edu/research/centers-and-institutes/johns-hopkins-center-for-health-equity/about-us/our-team/community-advisory-board>

#### **Johns Hopkins Center for Health Disparities**

<https://www.jhsph.edu/research/centers-and-institutes/johns-hopkins-center-for-health-disparities-solutions>

#### **Joi Life Wellness Group**

<https://joilifewellness.com>

#### ***MS Made Simple: The Essential Guide to Understanding your MS Diagnosis* by Mitzi Williams**

Buy here: <https://www.drmitzijoibook.com>

#### **National African American MS Registry**

<https://www.naamsr.org>

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### Guest Speakers

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Brain Chat with the Nerdy Neurologist Podcast